



**INTERNATIONAL
HUMAN
RIGHTS ART
MOVEMENT**



**AFRICAN HUMAN
RIGHTS SPOKEN
WORDS CONTEST**



Third Prize

Let's Be The Mender by Adetola Eyimofe Jerry-Adesewo, Nigeria

Adetola Eyimofe Jerry-Adesewo, a 19-year-old Nigerian poet, essayist, spoken-word artist, and actor, has garnered awards for her exceptional literary contributions. Recently featured in a poetry anthology featuring both Irish and Nigerian poets, she stands as a catalyst for positive change. As a writer and spoken word artist, Adetola values being heard, seen, and respected not just as a woman, but as a young individual and a human being. Her writings reflect her commitment to achieving these aspirations in her own impactful way.

Adetola is an advocate for speaking out against societal injustices, promoting diversity, inclusivity, and fostering respect for humanity. Beyond her literary pursuits, she is an adventurous soul with a profound passion for education, particularly emphasizing girl-child education. Her overarching vision is rooted in the advocacy for the dignity of humanity, aspiring for a world without borders.



LET'S BE THE MENDER

I was on my bed when I heard the news
Of a budding flower robbed of its innocence.
She was just 4.
All she ever knew was to chant her ABCs
Trust me, seduction was nowhere on her list of intentions, but see
all she got for being a jolly kid.
Should we talk about the ones on the street?
Whose childhood dreams lies buried in the darkness with no hope to see
Or the ones wrapped in whispered tears and silent screams
planted in toxic roots of trauma.
I look beyond, and I see bright minds trapped under dark clouds,
When it gets too tough, they embrace their shadows until they became one themselves.
No one deserves to be robbed of their meaningful existence.
So I choose to be the voice.
To speak for those who quiver in silence
I pray the power of my voice soothes their pains, heal their wounds
and puts an end to the constant cries and dies
For every child, let's be the mender
Of broken dreams, dispaired hearts,
Of deep scars, damaged futures,
To give all children a brighter life
It takes nothing but love, from you and I.